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9880066488

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9880066488

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7259836645

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Rtn. Dinesh Kumar A.B
9449830899

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**A Hearty Welcome to our
Today's Chief Guest**

SMT. NAJMA FAROOQI KSPS

**Assistant Commissioner of Police,
Traffic Subdivision, Mangaluru City**

- Educational Qualification : M.Sc. in Biotechnology, Bangalore University
- As a Probationer she has worked in Bengaluru Rural District, Hoskote.
- Posted in Special Inquiries Division, CID.
- Posted to Halasuru Gate Subdivision, Bengaluru City Police.
- Posted to Anti-Corruption Bureau, Bangalore City.
- Posted to Cyber Crime Division, CID.



Our Rotarians participated in the RIDE Rotary function held at AJ Grand Elite in Yekkur, Mangaluru.

PROGRAMME 13.01.2026 AT 07.00 PM

Chief Guest : Smt. Najma Farooqi, KSPS

VOCATIONAL SERVICE AWARDS

Ann & Annets invited

Dinner Meeting

Next meeting. 24. 01. 2026 AT 07.00 PM

CSR Project - Joint meeting

Chief Guest : Rtn. P. V. Rai

MD & CEO, Pixel Softtek Pvt. Ltd., Bangalore

Ann & Annets invited

WE MEET EVERY TUESDAY AT 7.00 P.M. AT BAL BHAVAN, MANGALURU - 3 PH: 0824-2950246

VOCATIONAL SERVICE AWARDEES



Sri Mallikarjun Biradar, BE (Aeronautical Engineering),

Police Sub-inspector, Kavoor Police Station, Mangaluru

Milestones in his career: He played a crucial role in tracing the culprit of Konaje police station's rape and murder case, which was untraced for one month.

- He was a member of the team in the arrest of the accused along with 18 kg of gold in the Kotekar bank robbery case.
- In 2024, a total of 96 cases of Ganja consumption are booked.
- Recovered a total of 240 gms of gold in two cases in 2025



Smt. V.J. Bincy Mol, Nursing officer, Lady Goschen Hospital, Mangaluru

Education: St. George's College, Nelyade

- General Nursing, Bowring & Lady Curzon Hospital, Bangalore (1996)
- PCBSC, Athena Health Sciences College, Mangalore (2021)

Work Experience: Hassan Dist. Hospital (5 years): OT, LT, Emergency Dept. (1998)

- Wenlock District Hospital (21 years): HDU, Emergency, ICU, Casualty, Dialysis; completed PCBSC Nursing (2003), Transferred to LGH (2025)
- Family: Two daughters-Shreya G.A. (3rd year MBBS), Saniya G.A. (II PUC)



Sri Thirthesh A. S.

Platoon Commander, Home Guards, Kadaba Unit, D.K. District

Work Experience : Led a flood precautionary awareness camp (2003-04)

- Conducted a weapon handling camp (2003), Completed Disaster Management training (2007), Trained at Home Guards and Civic Protection Academy, Bangalore (2019), Promoted to Platoon Commander (2021)
- Received a certificate of appreciation for duty during Maha Nadavali Utsava at Dharmasthala (2005)

Recognition : Felicitated by the Tahasildar of Kadaba with a citation on Independence Day (2022), Received an appreciation letter for ensuring smooth Karnataka Vidhana Sabha elections (2023)



Sri Chandrahasa R. Salian

Leading Fireman-2164, Fire Service Station, Kuntikan, Mangaluru (since 31.07.2021)

Service: 28 years

Work Experience: Pandeshwar, Koppa, Kadri, Kushalnagar

Awards : Chief Minister's Medal (Seva Saptaha, 2019)

38 Departmental Cash prizes; 2 citations



Sri Shashikanth K. Bhat, Senior Bus Driver- KSRTC

Place of Work: KSRTC Mangalore - 3rd Division

Service: 26 years

Noted for good conduct, accident-free driving, regular attendance, bus cleanliness, and passenger care

Prof. Dr Shivaprasad K MD (Hom)

Prof. Dr Jyoshna S MD (Hom)

Consultant Homoeopaths

email : shivaprasadk.sk@gmail.com
info@doctorshivaprasad.com
Website : www.doctorshivaprasad.com
Phone : 93435 61455, 93422 31894

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Proceedings of the Rotary Club Weekly Meeting - January 13, 2026

Topic: "The Golden Bond"

Welcome : In the absence of Club President Rtn. Dr. M. S. Arun Kumar Shetty, President-elect Rtn. Sudharshan Nayak welcomed all Rotarians, invitees, Anns, Annets, and guests.

Presentation Summary : Chief guest Dr. Meenakshi Ramachandra delivered an insightful talk on **"The Golden Bond."** Key points included:

- Society today faces a decline in values and weakened family ties. Many people live in isolation, often due to the prevalence of nuclear families where children grow up without grandparents. This lack of intergenerational connection leads to a diminished understanding of relationships and sentiments.
- Old age is often seen as a burden, but it should be valued. We must revive cultural traditions and teach children discipline through life lessons, not just rules. Experiencing real life helps children appreciate elders, joint families, and the true meaning of relationships.
- Emotions-love, anger, sadness, frustration-shape our interactions. Mistakes, though regrettable, often teach us the most valuable lessons.
- A happy life requires determination to learn and grow. Love alone is not enough for lasting relationships; mutual trust, respect, and understanding are essential.
- Expressing feelings is crucial. Do not assume others know you care-show appreciation openly. Small gestures, like a rose or a home-cooked meal, can brighten a partner's day.
- True happiness and self-control come from within. External factors like looks, wealth, or ambition are temporary. What matters most are intentions, beliefs, and compassion.
- Respecting each other's opinions is vital. Disagreement is natural, but mutual respect leads to harmony.
- Old age should be seen as a blessing-a time for contentment and positive living. Let us cherish family and community life.

Announcements by the President

- The second half-yearly due of ₹9,750 is payable by January 20, 2026. Only 29 members have paid so far.
- The District Conference 'Sneha Sourabha' will be held in Mysore from January 30 to February 1, 2026. Eighteen members have registered.
- "Ride for Rotary" is scheduled for January 17, 2026, at A.J. Grand, Yekkur, Mangalore.
- The regular meeting on January 27, 2026, is rescheduled to January 24, 2026, for the CSR Project inauguration.

Member Recognition :

- Rtn. SubrayaPrabhu was honored at the 350th episode of Business Tonic for serving as the resource person for their 333rd episode at Namma Kudla.
- Six members from the Rotaract Club of St Aloysius College attended RAYLA 2026 in Mysore.

Project Announcements : Rtn. PDG K. Krishna Shetty announced the inauguration of the CSR Project at Ramakrishna High School on January 24, 2026. This project, promoted by RC Vijayanagara, Bangalore, is supported by our club. A joint meeting will be held at Rotary Balbhavan on the same day.

Acknowledgments : Invocation:

Rtn. R.M. Gogeri, **Introduction:** Rtn. Divya Rai, **Vote of Thanks:** Rtn. Raghavan

Closing : The meeting concluded with the National Anthem, followed by a fellowship dinner sponsored by Rtn. Dr. Sukesh Rao and Rtn. Sudharshan Nayak.



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Prop: Walter D'Cunha





6 members from Rotract club of St Aloysius college attended RAYLA 2026 at Mysore.



Rtn. Subraya Prabhu was honored at the 350th episode of Business Tonic for serving as the resource person for their 333rd episode at Namma Kudla

January is **Rotary Vocational Service Month**

The Recognition of the Worthiness of all useful Occupations

High Ethical Standards in Business and Professions

The Dignifying of each Rotarian's Occupation as an Opportunity to Serve Society

HAPPY BIRTHDAY



Ann Aruna Raghuveer Nayak, 18th Jan

Rotary District 3181 **Sneha Saungbha** 2025-26

ROTARY DISTRICT CONFERENCE 2025-26
30th, 31st January & 01st February 2026
Silent Shores Resorts & Spa
#85-87, BEML Road, Hootagalli, Mysore - 570018

Register from your mobile phone
www.sneha2026.in

Get ready for a spectacular celebration of unity, purpose and joy.
The flagship event of Rotary District 3181 for the Rotary year 2025-26.
This grand three-day event in Mysore promises an unforgettable experience for Rotarians, Rotaractors and their families. The event is designed to refresh your mind, energise your spirit and deepen the bonds of service and friendship

Registration Fees

Rotarian	5,000
Rotarian + Spouse	8,000
Ann	4,000
Annet	2,000
Innerwheel Member	3,500
Guest	5,000
Rotaractor	2,500
Silver Donor	20,000
Silver Sponsor	25,000
Gold Sponsor	50,000
Platinum Sponsor	75,000
Patron Sponsor	1,00,000

For registration contact Rtn. Ramachandraraje Urs S - 9845912101

Happy Wedding Anniversary



Rtn. Dinesh Kumar & Ann Rashmi, 16th Jan



Rtn. Dr. Sudarshan C & Ann Suman, 17th Jan

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